

Cahide Topsakal · Fatih S. Erol · M. Faik Ozveren
Nejat Yilmaz · Nevin Ilhan

Effects of methylprednisolone and dextromethorphan on lipid peroxidation in an experimental model of spinal cord injury

Received: 6 April 2000 / Accepted: 27 June 2001 / Published online: 10 October 2001
© Springer-Verlag 2001

Abstract Objective. This study examines the effects of agents purported to improve recovery following spinal cord trauma, methylprednisolone sodium succinate, dextromethorphan, and the combination of both, on the post-traumatic alterations of membrane lipid metabolism. **Methods.** After sparing ten rats for a control group (G1) and performing T3–T6 laminectomies in 150 rats, spinal cord injuries were accomplished in 120 of 150 Wistar rats with an aneurysmal clip compression at the level of T4–5 for 30 sec. Hence the G2 group (n 30) included the “only laminectomy/sham” group. The 120 injured animals were subdivided into four equal groups (n 30 each). Group G3 underwent no therapy, G4 methylprednisolone (MP), G5 dextromethorphan (DM), and G6 MP+DM therapies. Groups G2–G6 were killed ten by ten at 10 min, 30 min, and 120 min after the operation. We measured tissue (MDA) and blood malonyldialdehyde (MDAb), (a product of lipid peroxidation) levels as an indicator of oxidative damage by thiobarbituric acid method and activity levels of antioxidant enzymes superoxide dismutase and glutathione peroxidase in erythrocytes. Inter-group and intragroup results were compared statistically. **Results.** Methylprednisolone was able to keep the levels for all parameters close to baseline except for 30-min MDA, MDA_b, and SOD values. But their results were all different from those of G3. Dextromethorphan was successful in this respect at 30-min GSH-Px and 120-min SOD and GSH-Px, and all values were also different from G3 values except for 10-min MDA, SOD, and GSH-Px. Combined therapy was not able to keep levels

close to baseline for all parameters, but they were different from G3's except for the GSH-Px values. Methylprednisolone values displayed minimal alterations according to baseline at 120 min. Dextromethorphan was relatively unsuccessful at 10 min. Combined therapy did not show benefit superior to MP/DM single therapies.

Keywords Dextromethorphan · Malonyldialdehyde · Methylprednisolone · Lipid peroxidation · Spinal cord injury

Introduction

Traumatic spinal cord injury (SCI) leads to serious biochemical, pathological events that result in tissue necrosis and functional deficit. Among the earliest biochemical reactions are hydrolysis of fatty acids from membrane phospholipids, production of biologically active eicosanoids, and peroxidation of lipids with formation of reactive oxygen species (ROS). These latter are the main agents responsible for cellular damage [1]. Superoxide, ferryl, and hydroxyl anions are the common reactive compounds that cause lipid peroxidation [2]. Under normal conditions, superoxide (O₂⁻) anions are generated during mitochondrial electron transport. There is a balance between antioxidants and oxidants produced by aerobic cellular systems. One of the antioxidant defense systems is superoxide dismutase (SOD) which eliminates superoxides by converting them to hydrogen peroxide (H₂O₂). H₂O₂ is reduced to water by cytosolic antioxidants, catalase, and glutathione peroxidase (GSH-Px) [3]. Products of lipid peroxidation, e.g., malonyldialdehyde (MDA) levels, together with SOD and GSH-Px activity levels, can be measured in monitoring the degree of lipid peroxidation.

With the development of experimental spinal cord injury models and recent advances in spinal cord injury research, many treatment regimens such as receptor blockers, physiologic antagonists, inhibitors of biosynthetic pathways, and membrane-stabilizing drugs have come

C. Topsakal (✉) · F.S. Erol · M.F. Ozveren · N. Yilmaz
Department of Neurosurgery, Firat University School of Medicine,
Elazig, Turkey
e-mail: cdtopsakal@yahoo.com
Tel.: +90-424-2389938, Fax: +90-424-2335038

N. Ilhan
Department of Biochemistry, Firat University School of Medicine,
Elazig, Turkey

C. Topsakal
Firat Universitesi, Tip Merkezi, Nörosürji Klinigi, Elazig,
Turkey

into use with time. Still, there is no effective treatment to remedy the detrimental effects of SCI. Methylprednisolone has been found to be useful for its radical scavenging, antilipid peroxidation, and neuroprotective effects. Also, NMDA antagonist drugs have recently gained much credit in the treatment of SCI. But so far no combination therapy of MP and NMDA antagonist drug has been tried and published in the literature. Therefore we decided to investigate the blocking effects of MP, DM (a dextrorotatory morphinan and NMDA antagonist), and their combination on lipid peroxidation and compared with each other by the method of thiobarbituric acid reaction (TBA) with MDA and by simultaneous measurement of levels of erythrocyte SOD and GSH-Px, which are expected to be consumed proportionally to the degree of peroxidation.

Material and methods

One hundred sixty male albino Wistar rats were included in the prospective randomized study program. The rats, weighing 250–340 g, were handled according to “Principles of Laboratory Animal Care” [4] and monitored in terms of blood pressure, heart rate, and body temperature during the study. Induction anesthesia with 3–4% halothane accompanied with a flow of about 1–2 l/min of oxygen was given in a small induction chamber until the rats remained immobile. Then a face mask was used to deliver 1–2% halothane to maintain the anesthesia. The rats were divided into six groups.

In group 1 (G1) (n 10), the control group, neither laminectomy nor medication was performed. Spinal cord tissues were provided by biopsy right after they were killed. The MDA values provided the basal values for the other groups. Group G2 (n 30) was the only laminectomized/sham group; no medication. Group G3 (n 30) received laminectomy and injury; no medication. Group G4 (n 30) received laminectomy + injury + 30 mg/kg methylprednisolone sodium succinate intraperitoneally (MP-Prednol-L, Mustafa Nevzat, Istanbul, Turkey). Group G5 (n 30) had laminectomy + injury + 30 mg/kg DM intraperitoneally (d-3-metoxo-N-methyl morphinan hydrobromide monohydrate) (Sigma, Steinheim, Germany). Group G6 (n 30) received laminectomy + injury + combined therapy (MP and DM at the same doses).

In all animals of groups 2–6, the spinal cords were exposed with T3–T6 total laminectomies. Spinal cord injuries (G3–G6) as described by Rivlin and Tator [5] were accomplished by extradural compression of the exposed spinal cords at the T4–5 level for 30 sec using a Yasargil aneurysmal clip (FE 760) with a closing force of 180 g on the cord. Except in G2 and G3, medications were performed at the time of injury. After removal of the clip, spinal cords were provided at 10 min, 30 min, and 120 min after killing the animals by decapitation. The cord samples were provided in 1-cm lengths at the lesion level and stored at –20°C for assays for MDA. Simultaneously, 3-ml blood samples were drawn into tubes containing EDTA. The blood samples were processed and plasma and serum samples were separated and assayed immediately.

Measurement of tissue MDA levels

Lipid peroxidation in injured spinal cord was estimated by the thiobarbituric acid reaction method for MDA (MDA defined as the product of lipid peroxidation) described by Ohkawa et al. [6] to give a red species absorbing at 535 nm. The MDA results were expressed as nmol/g wet tissue.

0.2 ml of 10% (weight/volume) tissue homogenate was added to 0.2 ml of 8.1% sodium dodecyl sulfate and a 1:5 aqueous solution of thiobarbituric acid. The mixture was diluted to 4.0 ml with distilled water heated in an oil bath at 95°C for 60 min. After cool-

ing with tap water, 1.0 ml of distilled water and 5.0 ml of a mixture of N-butanol and pyridine (15:1 volume:volume) were added and the mixture was shaken. After centrifugation at 4000 rpm for 10 min, the organic layer was taken and its absorbance at 532 nm was measured spectrophotometrically. Tetramethoxy propane was measured as an external standard, and the level of lipid peroxides was expressed as nanomoles of MDA per gram wet weight [6, 7].

Measurement of blood MDA levels (MDA_b)

Serum lipid peroxide levels were measured colorimetrically by the thiobarbituric acid method, which was modified from the methods of Satoh [8] and Yagi [9] as reported recently. MDA levels were expressed as nanomoles per milliliter.

Measurement of erythrocyte SOD activity levels

The role of SOD is to accelerate the dismutation of the toxic superoxide radical (O₂⁻) produced during oxidative energy processes, to hydrogen peroxide and molecular oxygen. This method employs xanthine and xanthine oxidase (XOD) to generate superoxide radicals which react with 2-(4-iodophenyl)-3-(4-nitrophenyl)-5-phenyltetrazolium chloride to form a red formazan dye. The SOD activity is then measured by the degree of inhibition of this reaction. This was accomplished with a RANSOD kit (Randox, Cruclin, UK). Levels of hemoglobin were measured according to the method of Drabkin [10]. Results were expressed as units per gram of hemoglobin.

Measurement of GSH-Px activity levels

GSH-Px activity levels were measured using a RANSEL kit (Randox) using the method of Paglia and Valentine [11] in which GSH-Px activity is coupled with the oxidation of reduced nicotinamide adenine dinucleotide phosphate (NADPH) by glutathione reductase. The oxidation of NADPH was followed spectrophotometrically at 340 nm and at 37°C. The reaction mixture consisted of 50 mM potassium phosphate buffer (pH 7), 1 mM EDTA, 1 mM NaN₃, 0.2 mM NADPH, 1 mM glutathione and 1U/ml of glutathione reductase. The absorbance at 340 nm was recorded for 5 min. The activity was calculated from the slope of the lines as micromoles of NADPH oxidized per minute. Results were expressed as units/g hemoglobin (Hb).

Statistical analysis

SPSS 9.0 software was used in statistical calculations and graphics. For intergroup comparison, Kruskal-Wallis variance analysis was applied for six independent groups each consisting of ≤30 subjects. In case the *P* value was <0.05, the groups were compared two by two by Mann-Whitney U test (MWU). In order to prevent significance inflation, *P*<0.02 was accepted as significant. Intragroup comparison was made initially with Friedman variance analysis; the *P* value was calculated as <0.05. Therefore Wilcoxon's rank test (WRT) was used for comparison two by two and to prevent significance inflation, *P*<0.03 was accepted as significant. Results were expressed as mean ± standard error of the mean (Table 1).

Results

Intergroup comparison was done. G1–G3, G1–G6, G2–G3, G2–G6, and G3–G4 were differed from each other for all parameters at all times (*P*<0.02, MWU). G1–G4 30-min MDA, MDA_b, and SOD values differed (*P*=0.001, 0.002, and 0.00, respectively). For G1–G5, all parameters were different except for 120-min SOD and

Table 1 The mean tissue MDA levels (nmol/g wet tissue), blood MDA_b levels (nmol/ml) and SOD (U/gHb) and GSH-Px levels (U/gHb) of each group were identified as below. Values are given as mean ± SEM. Lam laminectomy, I injury, MP methylprednisolone, DM dextromethorphan

Parameter	G1 (control)	G2 (lam)	G3 (lam+I)	G4 (lam+I+MP)	G5 (lam+I+DM)	G6 (lam+I+MP+DM)	
0 min	MDA MDA _b GSH-Px SOD	35.4±0.59 1.80±0.004 6.80±0.24 2500±55.7					
10 min	MDA MDA _b GSH-Px SOD		36.2±0.57 1.94±0.003 6.76±0.25 2494±56.5	47.8±0.8 2.77±0.002 4.69±0.21 1707±52.5	37±0.57 1.96±0.004 6.14±0.21 2410±58.1	46.6±0.68 2.42±0.003 5.36±0.24 1763±43.9	42.6±0.8 2.45±0.007 5.52±0.21 2020±44.2
30 min	MDA MDA _b GSH-Px SOD		36.1±0.60 1.87±0.004 6.77±0.25 2487.5±59.3	45.7±0.44 2.71±0.004 4.88±0.20 1751±47.7	39±0.57 2.16±0.005 5.95±0.19 2085±55.8	39.90±0.45 2.29±0.005 6.20±0.23 2278±57.3	42±0.93 2.34±0.007 5.57±0.21 2045±45
120 min	MDA MDA _b GSH-Px SOD		36.40±0.49 1.92±0.005 6.72±0.25 2488±55.3	45.1±0.5 2.51±0.003 5.01±0.2 1829±55.1	36.3±0.55 1.83±0.004 6.75±0.25 2491±55.8	39.1±0.37 2.19±0.007 6.39±0.23 2350±53.2	41.8±.71 2.29±0.007 5.8±0.20 2115±47.1

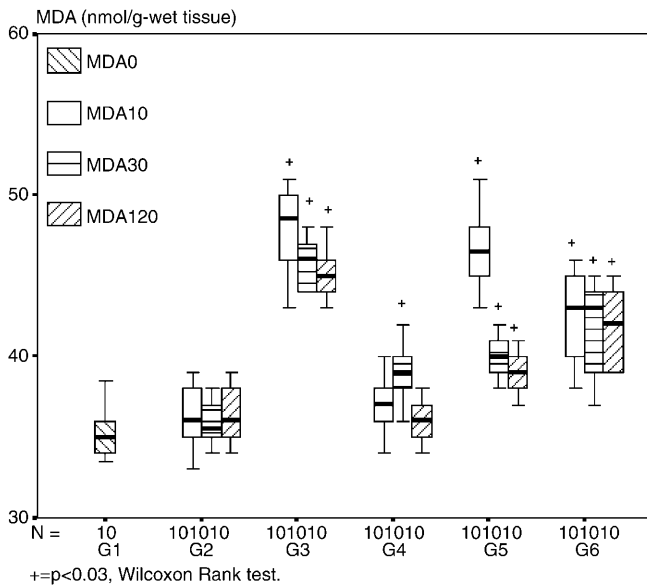


Fig. 1 Basal (G1) and 10, 30, and 120 min tissue MDA levels for each study group (G2–G6) represented by box plot graphic

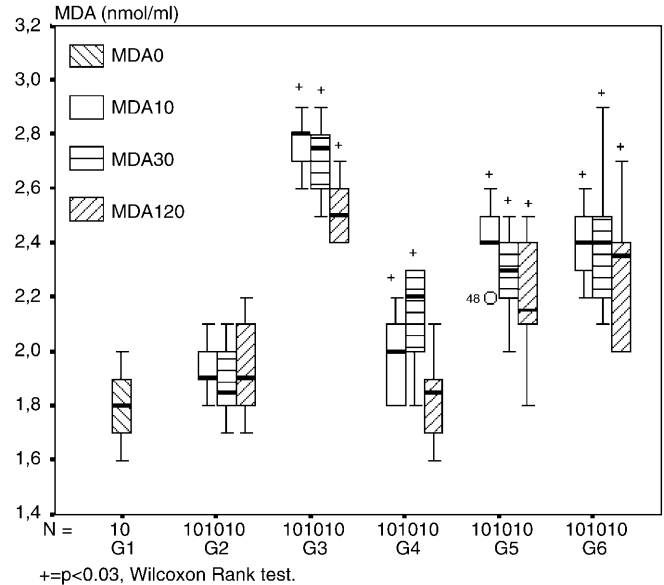


Fig. 2 Basal (G1) and 10, 30, and 120 min blood MDA_b levels for each study group (G2–G6) represented by box plot graphic

30- and 120-min GSH-Px ($P>0.02$). For G2–G4, 30-min MDA, MDA_b, and SOD values were different ($P=0.005$, 0.002 , and 0.001 , respectively). For G2–G5, all were significantly different ($P<0.02$) except for 120-min SOD and 30- and 120-min GSH-Px values ($P>0.02$). For G3–G5, all were different except for 10-min MDA, SOD, and GSH-Px values ($P=0.2$, 0.3 , and 0.06 respectively). For G3–G6, only GSH-Px values were similar at all times ($P>0.02$). For G4–G5, 10- and 120-min MDA ($P=0.00$ and $P=0.003$) and MDA_b ($P=0.00$ and $P=0.013$), and 10-min SOD values ($P=0.00$) were different. For G4–G6, 10- and 120-min MDA ($P=0.001$ and

$P=0.00$), MDA_b ($P=0.001$ and $P=0.00$), SOD ($P=0.001$ for both) and 120-min GSH-Px ($P=0.01$) were significantly different. For G5–G6, 10- and 120-min MDA ($P=0.003$ and $P=0.01$), all SOD values ($P<0.012$) were different from each other.

Intragroup comparison was performed. For G2, all values were similar to baseline ($P>0.03$, WRT). For G3, all values were different from the baseline at all times ($P=0.005$). For G4, 10-min MDA together with 120-min MDA, MDA_b, SOD, and GSH-Px were similar to baseline levels ($P>0.03$). For G5 and G6, all were different from the basal levels at all times ($P<0.03$) (Figs. 1, 2, 3, 4).

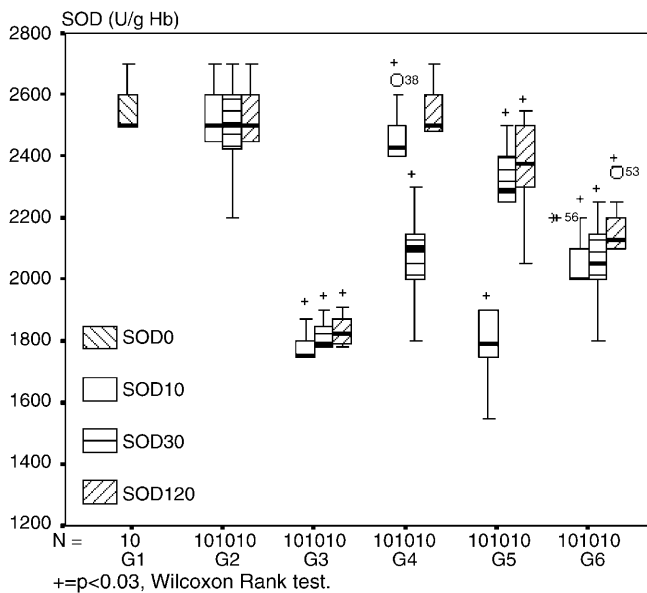


Fig. 3 Basal (G1) and 10, 30, and 120 min SOD levels for each study group (G2–G6) represented by box plot graphic

Intragroup comparison revealed that laminectomy did not alter the values, whereas the alterations were the greatest with the injury group. Methylprednisolone was effective in keeping the values close to baseline, particularly at 120 min. The DM and MP+DM values deviated from basal levels significantly.

Discussion

Traumatic and ischemic injuries to the central nervous system including the spinal cord cause tissue damage through both direct (primary) and indirect (secondary) mechanisms. Secondary injury is caused by the activation of endogenous substances. *Acute inflammatory response* at the site of injury and *spinal cord hemorrhage* with release of Fe and hemoproteins yield the production of reactive oxygen species (ROS) and cytotoxic edema which in turn contribute to lipid peroxidation and ischemia [12, 13, 14, 15, 16]. *Neurogenic shock* with the increase of monoamines promotes ischemia which increases the amount of extracellular glutamate [17, 18, 19, 20]. Glutamate activates an NMDA receptor which promotes Ca ion influx (and Na). Also, voltage-gated Ca influx contributes to a decrease in extracellular Ca levels [21]. Subsequently, the release of lysosomal phospholipases A act upon the cell membrane. Free fatty acids – mainly arachidonic acid (AA) – are released. The AA metabolizes to eicosanoids, (by lipo-oxygenase to leukotrienes and by cyclo-oxygenase to prostaglandin D, E, F, thromboxane, and prostacyclin) [25, 27, 28, 29]. This leads to tissue edema and inhibits membrane-dependant Na-K-ATPase, which is responsible for blood flow, clotting mechanisms, and radical reactions [13, 14, 25, 26, 30]. This, in turn, with the help of the Ca influx, induces

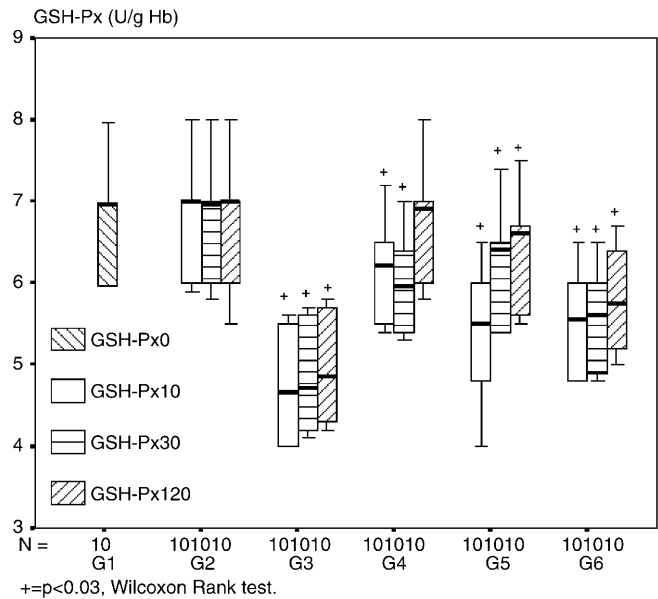


Fig. 4 Basal (G1) and 10, 30, and 120 min GSH-Px levels for each study group (G2–G6) represented by box plot graphic

vasospasm and ischemia [31]. Likewise, protein kinase C activation promotes neurofilament degradation which contributes lipid peroxidation that can be assessed by MDA levels [22, 23, 24]. Besides uncoupling of oxidative phosphorylation, anaerobic glycolysis, the ATP stores' depletion, and hypoxia facilitate the formation of ischemia [32, 33, 34] (Fig. 5).

The spinal cord and brain are particularly vulnerable to free radical oxidation following hypoxic or traumatic insults because of their high lipid content [13] and poor iron-binding capacity. Accumulating knowledge about triggering mechanisms and the contributing factors and biochemicals on each step of the algorithm in SCI promoted the use of many substances in this field. Anti-inflammatory [12, 35] and/or immunosuppressive drugs [36], phospholipase inhibitors, cyclo-oxygenase/lipoxygenase/mixed lipoxygenase-cyclo-oxygenase inhibitors, thromboxane synthetase, thromboxane, and leucotriene receptor antagonists [27, 28], ROS scavengers/antioxidants [32, 33], the biological enzymes [13, 24, 28, 32, 33, 34, 35], vitamins [24, 34, 37, 38], selenium cation [24], ubiquinole [38], glucose depletion [39], spinal cord blood flow restoration [40, 41], hyperbaric oxygen therapies [42], hypothermia [43, 44], epidural cord cooling [43, 45], metal chelators, protein synthesis inhibitor [46], Mg [47], melatonin [48] or α -lipoic acid [49], calpain inhibitor [50], adenosine [51], opiate antagonists [28, 52, 53, 54], and calcium channel antagonists [55, 56, 57] have been tried before and were found to be promising. Despite the high concentrations of monoamines on SCI [18], the use of α - and β -catecholamine antagonists has not gained much credit in clinical practice [58].

Finally, *NMDA receptor antagonists* (-glycin site [59, 60] -competitive [20, 60, 61, 62] or -noncompetitive [62, 63]) have been widely accepted in clinical use to prevent

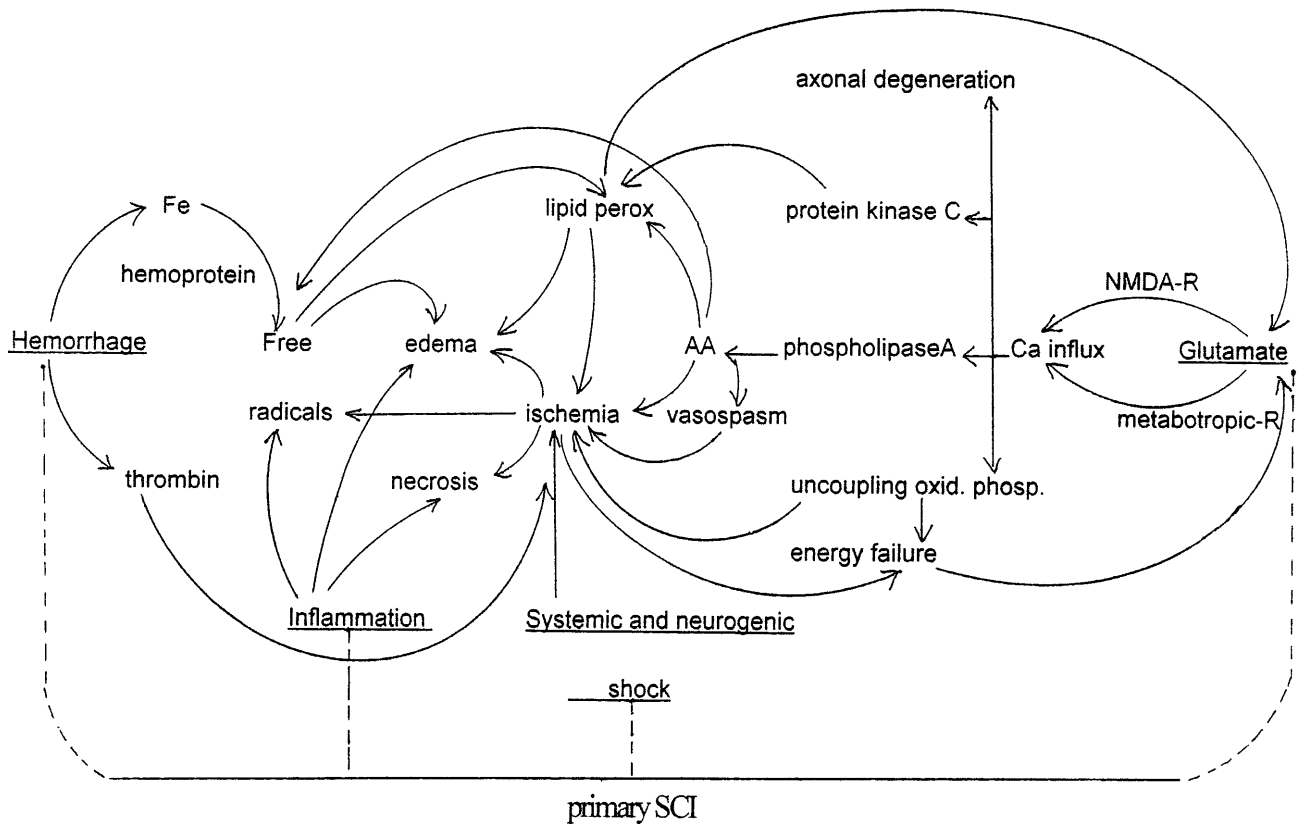


Fig. 5 Secondary injury mechanisms in SCI

the detrimental effects of excitatory amino acids. They are known to have anticonvulsant [60], muscle relaxant and anxiolytic [61], neuroprotective [62, 63], and cytotoxic antiedema effects [15, 64]. The morphinan derivatives [65, 66, 67], particularly dextrorotatory morphinans DM (D-3-methoxy-N-methyl morphinan) and its active metabolite dextrorphan [65, 68, 69], have the unique ability to block multiple major routes of Ca entry into neurons due to both NMDA-antagonist [46, 65, 66, 68, 70, 71] and voltage-gated Ca influx-inhibiting effects. They bind at the PCP/sigma-opiate receptor site and may underlie the similar subjective effects of the dissociative anesthetics and psychomimetic opiates [65, 66, 72]. Dextromethorphan is a water-soluble semisynthetic morphinan derivative and possesses antitussive, antiepileptic, antineurotoxic effects against p-chloroamphetamine but is devoid of opioid action [67, 68, 73]. It protects the brain tissue from edema and ischemia and provides neurologic recovery [34]. Kato used the active metabolite D to protect spinal cord [46]. Therefore, with the use of the NMDA antagonist dextromethorphan, we aimed to prevent the initiation of many pathophysiological processes of the central nervous system or lipid peroxidation by providing the blockade of Ca-2 channels, and we compared its effects with MP, a very well-known neuroprotective agent in SCI.

The use of corticosteroids has been based on a number of theoretical justifications such as their antioxidant and antiedemic properties or their ability to stabilize

lysosomal membranes [19]. Hydrocortisone is ineffective as an inhibitor of lipid peroxidation even at exceedingly high concentrations [74]. Dexamethasone, a steroid widely used in neurosurgery, also possesses lipid antioxidant activity [19, 75], but it is slightly less effective than MP and P [19, 52, 74, 76, 77]. Methylprednisolone obviates the early rise of spinal cord blood flow [78, 79, 80], prevents post-traumatic spinal cord ischemia [78, 81] and neurofilament degeneration, improves energy metabolism [33], restores extracellular calcium [80], improves nerve impulse conduction (reducing excitatory amino acid release) [80, 82, 83] and enhances the activity of NaK-ATPase [82], blocks the synthesis of prostaglandin – F2 α , thromboxane – A2, ROS and the release of free fatty acids [14, 72, 74], and in turn inhibits tissue lipid peroxidation [34, 37, 74, 84] (at 30 min to 1 h [24, 78, 84]). It reduces lesion volumes in contused cord and suppresses vasogenic edema with inflammatory response [35, 85]. The recent development of the 21-aminosteroids (lazaroids) – newer methylprednisolone esters – may attenuate ischemic endothelial cell injury or activation of leukocytes and reduce MDA levels without any glucocorticoid activity [33, 37, 74, 76, 77, 86].

The route and the dose

In focal cerebral ischemia, an i.p. dose of 30 mg/kg of DM reduced infarct volume by 65% [87]. The bioavailability of DM is 1.3-fold lower and the formation of

dextrorphan and other metabolites are threefold greater after i.p. injection of 30 mg/kg of DM. Neurologic recovery was observed when compared to the subcutaneous (s.c.) route [88]. Moreover, s.c. 30 mg/kg DM has PCP-like effects [72, 88]. If given i.p., the PCP-like discriminative effect of dextromethorphan is most likely controlled by its metabolic conversion to dextrorphan [88]. Therefore we chose the intraperitoneal route to give DM at a dose of 30 mg/kg. The study of Fossati et al. [68] on DM pharmacokinetics has shown DM to have the highest concentrations at 60 min and 120 min, which then diminished gradually when given at 30 mg/kg to rabbits. Our study supports their finding, since DM was found to be relatively effective at 120 min after SCI.

Neuroprotective [19, 74, 85] doses of MP greatly exceed those required for glucocorticoid receptor activation and are close to doses that inhibit lipid peroxidation in SCI [74, 82, 84]. Therefore, the effects are probably unrelated to its glucocorticoid receptor-mediated activity [85]. The optimal i.v. dose of MP to achieve these actions is found to be 30 mg/kg [81, 82, 85]. It has been found less effective at the dose of 15 mg/kg or even ineffective at 60 mg/kg [33, 74, 78]. We administered MP at 30 mg/kg.

Different experimental trauma models are employed for the study of disorders in acute SCI [89]. A standard trauma may not be accomplished on the cord since the area of the weight contact is quite variable in the weight-drop method and compression with a contrast weight for a definite time. We used the compression method by horizontally applied clips as described by Rivlin and Tator to achieve more standardized trauma [5]. In gray matter, 5 min of compression injury resulted in a sixfold increase in total free fatty acids (threefold in white matter) and a 20-fold increase in arachidonic acid (AA) levels over controls or laminectomized animals [25]. The reason for our choice of rats is that they are easily available, resistant to long-standing anesthesia, and have vascularization similar to that of humans [90, 91].

Among the outcome measures used in previous studies, e.g., blood flow [58], somatosensory evoked responses [47, 56], histology [46, 50, 63], and function [28, 55], we used the TBA reaction with MDA [6, 92] and erythrocyte SOD and GSH-Px activity level measurements [1, 10, 11, 93, 94, 95, 96] to monitor metabolic changes [32, 33, 49]. Malonyldialdehyde, formed from the breakdown of polyunsaturated fatty acids, serves as a convenient index for determining the extent of the peroxidation reaction [7, 23, 92]. An antioxidant defense system (enzymatic, nonenzymatic) prevents the damage caused by ROS by reducing the local O_2^- concentrations, sweeping away the catalytic metallic ions Fe and Cu and ROS such as O_2^- and H_2O_2 , scavenging the reaction initiators (OH, LO, LOO) and single O_1 , and breaking down the chain reactions. Among the enzymatic antioxidant systems are mitochondrial cytochrome oxidase, SOD, catalase, and GSH-Px [97]. Superoxide dismutase is available in every O_2^- metabolizing cell. It prevents O_2^- toxicity by catalyzing the superoxide anion

(O_2^-) to H_2O_2 and molecular oxygen. The concentration is higher in the intracellular compartment than the extracellular part [3, 98, 99]. The second intracellular enzyme, GSH-Px, oxidizes glutathione to glutathione disulfide and reduces the hydroperoxides. It catalyzes the turnover of peroxides to alcohols and prevents the oxidation of membrane lipids and hemoglobin by peroxidases. This reaction reduces the ratio of oxidative conversion of hemoglobin to methemoglobin and prolongs the survival of erythrocytes [3, 100]. Since these antioxidant enzymes play an important role in the antioxidant defense mechanisms, many studies relating to their activity levels have been done to monitor the extent of peroxidation and tissue insult. Theoretically, when MDA levels are increased, the blood levels of these enzymes may be expected to decrease. In experimental studies, when rats were exposed to thinner inhalation, it was reported that tissue MDA levels were increased whereas there was a decrease in SOD activity levels [1]. This was valid in our study for SOD levels. However, GSH-Px consumption was rather indolent. Furthermore, a decrease in enzyme levels in relation to the increase of MDA levels may not be the case in every ischemic medium. A compensatory mechanism may induce the enzyme elevations in chronic cases [93, 94]. But at least it can be expected in acute ischemic events, as was noted in our experimental study. In this study, MP was found to be the most effective in keeping MDA, SOD, and GSH-Px levels close to basal levels. It was rather insufficient at 30 min, since MDA and MDA_p levels were elevated, whereas SOD and GSH-Px levels were lower at this time. At this critical point, supporting the effect of antilipid peroxidation with another drug or increasing the MP dose may well be considered. Likewise, DM was not effective at 10 min as with 30 min or 120 min. It was rather effective at 120 min but not as much as with MP. This might have stemmed from the high plasma concentrations of DM at 60–120 min as reported previously [68]. Surprisingly, combined therapy was not superior to MP or DM single therapies at any time point. This might have resulted from a different type of competition between the drugs.

Acknowledgements The experiments comply with the current laws on the protection of animals.

References

1. Ulakoglu EZ, Saygi A, Gumustas MK, Zor E, Oztek I, Kokoglu E (1998) Alterations in superoxide dismutase activities, lipid peroxidation and glutathione levels in thinner-inhaled rat lung: relationship between histopathological properties. *Pharmacol Res* 38:209–214
2. Halliwell B, Gutteridge JM (1986) Oxygen free radicals and iron in relation to biology and medicine: some problems and concepts. *Arch Biochem Biophys* 246:501–514
3. Ferrari R, Ceconi C, Curello S, Cargnoni A (1991) Oxygen free radicals and myocardial damage: protective role of thiol-containing agents. *Am J Med (Suppl 3C)* 91:95S–105S
4. Principles of laboratory animal care. NIH publication no. 86–23, revised 1985

5. Rivlin AS, Tator CH (1978) Effect of duration of acute spinal cord compression in a new acute cord injury model in the rat. *Surg Neurol* 10:39–43
6. Ohkawa H, Ohishi N, Yagi K (1979) Assay for lipid peroxides in animal tissues by thiobarbituric acid reaction. *Anal Biochem* 95:351–358
7. Ildan F, Polat S, Öner A, Isbir T, Göçer AI, Tap Ö, Kaya M, Karadayi A (1995) Effects of naloxone on sodium- and potassium-activated and magnesium-dependent adenosine-5'-triphosphatase activity and lipid peroxidation and early ultrastructural findings after experimental spinal cord injury. *Neurosurgery* 36:797–805
8. Satoh K (1978) Serum lipoperoxides in cerebrovascular disorders determined by colorimetric method. *Clin Chim Acta* 90:37–43
9. Yagi K (1984) Assay for plasma lipid peroxides. *Methods Enzymol* 109:328–331
10. Fairbanks VF, Klee GG (1999): Biochemical aspect of hematology. In: Burtis CA, Ashwood ER (eds) *Tietz textbook of clinical chemistry* (3rd edn). Saunders, Philadelphia, pp 1642–1710
11. Paglia DE, Valentine WN (1967) Studies on the quantitative and qualitative characterization of erythrocyte glutathione peroxidase. *J Lab Clin Med* 70:158–168
12. Carlson SL, Parrish ME, Springer JE, Doty K, Dossett L (1998) Acute inflammatory response in spinal cord following impact injury. *Exp Neurol* 151:77–88
13. Bulkley GB (1983) The role of oxygen free radicals in human disease processes. *Surgery* 94:407–411
14. Demopoulos HB, Flamm ES, Seligman ML, Pietronigro DD, Tomasula J, DeCrescito V (1982) Further studies on free radical pathology in the major central nervous system disorders: effect of very high doses of methyl prednisolone on the functional outcome, morphology, and chemistry of experimental spinal cord impact injury. *Can J Physiol Pharmacol* 60:1415–1424
15. Siegal T, Siegal T, Shohami E, and Lossos F (1990) Experimental neoplastic spinal cord compression: effect of ketamine and MK-801 on edema and prostaglandins. *Neurosurgery* 26:963–966
16. Yashon D, Bingham WG, Faddoul EM, and Hunt WE (1973) Edema of the spinal cord following experimental impact trauma. *J Neurosurg* 38:693–697
17. Kurihara M (1985) Role of monoamines in experimental spinal cord injury in rats. Relationship between Na⁺-K⁺-ATPase and lipid peroxidation. *J Neurosurg* 62:743–749
18. Salzman SK, Hirofujii E, Lladros-Eckman C, MacEwen GD, Beckman AL (1987) Monoaminergic responses to spinal trauma. *J Neurosurg* 66:431–439
19. Ogata T, Nakamura Y, Tsuji K, Shibata T, and Kataoka K (1993) Steroid hormones protect spinal cord neurons from glutamate toxicity. *Neurosci* 55:445–449
20. Regan RF, Choi DW (1991) Glutamate neurotoxicity in spinal cord cell culture. *Neurosci* 43:585–591
21. Stokes BT, Fox P, Hollinden G (1983) Extracellular calcium activity in the injured spinal cord. *Exp Neurol* 80:561–572
22. Dickens BF, Mak IT, Weglicki WB (1988) Lysosomal lipolytic enzymes, lipid peroxidation, and injury. *Mol Cell Biochem* 82:119–123
23. Qian H, Liu D (1997) The time course of malonyldialdehyde production following impact injury to rat spinal cord as measured by microdialysis and high pressure liquid chromatography. *Neurochem Res* 22:1231–1236
24. Saunders RD, Dugan LL, Demediuk P, Means ED, Horrocks LA, Anderson DK (1987) Effects of methylprednisolone and the combination of α -tocopherol and selenium on arachidonic acid metabolism and lipid peroxidation in traumatized spinal cord tissue. *J Neurochem* 49:24–31
25. Demediuk P, Saunders RD, Anderson DK, Means ED, Horrocks LA (1985) Membrane lipid changes in laminectomized and traumatized cat spinal cord. *Proc Natl Acad Sci USA* 82:7071–7075
26. Faden AI, Chan PH, Longar S (1987) Alterations in lipid metabolism, Na⁺-K⁺ ATPase activity and tissue water content of spinal cord following experimental traumatic injury. *J Neurochem* 48:1809–1816
27. Demediuk P, Faden AI (1988) Traumatic spinal cord injury in rats causes increases in tissue thromboxane but not peptidoleukotrienes. *J Neurosci Res* 20:115–121
28. Hsu CY, Halushka PV, Hogan EL, Banik NL, Lee WA, Perot PL (1985) Alteration of thromboxane and prostacyclin levels in experimental spinal cord injury. *Neurol* 35:1003–1009
29. Wolfe LS (1982) Eicosanoids: prostaglandins, thromboxanes, leukotrienes and other derivatives of carbon-20 unsaturated fatty acids. *J Neurochem* 38:1–14
30. Goodman JH, Bingham WG, Hunt WE (1979) Platelet aggregation in experimental spinal cord injury. *Arch Neurol* 36:197–201
31. Senter HJ, Venes JL (1979) Loss of autoregulation and post-traumatic ischemia following experimental spinal cord trauma. *J Neurosurg* 50:198–206
32. Azbill RD, Mu X, Bruce-Keller AJ, Mattson MP, Springer JE (1997) Impaired mitochondrial function, oxidative stress and altered antioxidant enzyme activities following traumatic spinal cord injury. *Brain Res* 765:283–290
33. Braugher JM, Hall ED (1983) Lactate and pyruvate metabolism in injured cat spinal cord before and after a single large intravenous dose of methylprednisolone. *J Neurosurg* 59:256–261
34. Sandler AN, Tator CH (1976) Review of the effect of spinal cord trauma on the vessels and blood flow in the spinal cord. *J Neurosurg* 45:638–646
35. Siegal T, Siegal T, Lossos F (1990) Experimental neoplastic spinal cord compression: effect of anti-inflammatory agents and glutamate receptor antagonists on vascular permeability. *Neurosurgery* 26:967–970
36. Diaz-Ruiz A, Rios C, Duarte I, Correa D, Guizar-Sahagun G, Grijalva I, Ibarra A (1999) Cyclosporin-A inhibits lipid peroxidation after spinal cord injury in rats. *Neurosci Lett* 266:61–64
37. Koc RK, Akdemir H, Karakucuk EI, Oktem IS, Menku A (1999) Effect of methylprednisolone, tirilazad mesylate and vitamin E on lipid peroxidation after experimental spinal cord injury. *Spinal Cord* 37:29–32
38. Lemke M, Frei B, Ames BN, Faden AI (1990) Decreases in tissue levels of ubiquinol-9 and -10, ascorbate and α -tocopherol following spinal cord impact trauma in rats. *Neurosci Lett* 108:201–206
39. LeMay DR, Zelenock GB, D'Alecy LG (1990) Neurological protection by dichloroacetate depending on the severity of injury in the paraplegic rat. *J Neurosurg* 73:118–122
40. Hedeman LS, Sil R (1974) Studies in experimental spinal cord trauma. Part 2: Comparison of treatment with steroids, low molecular weight dextran and catecholamine blockade. *J Neurosurg* 40:44–51
41. Kaptanoglu E, Caner HH, Surucu HS, Akbiyik F (1999) Effect of mexiletine on lipid peroxidation and early ultrastructural findings in experimental spinal cord injury. *J Neurosurg* 91:200–204
42. Balentine JD (1975) Central necrosis of the spinal cord induced by hyperbaric oxygen exposure. *J Neurosurg* 43:150–155
43. Hansebout RR, Tanner JA, Romero-Sierra C (1984) Current status of spinal cord cooling in the treatment of acute spinal cord injury. *Spine* 9:508–511
44. Kuchner EF, Hansebout RR (1976) Combined steroid and hypothermia treatment of experimental spinal cord injury. *Surg Neurol* 6:371–376
45. Tuzgen S, Kaynar MY, Guner A, Gumustas K, Belce A, Etus V, Ozyurt E (1998) The effect of epidural cooling on lipid peroxidation after experimental spinal cord injury. *Spinal Cord* 36:654–657
46. Kato H, Kanellopoulos GK, Matsuo S, Wu YJ, Jacquin MF, Hsu CY, Choi DW, Kouchoukos NT (1997) Protection of rat spinal cord from ischemia with dextrorphan and cycloheximide: effects on necrosis and apoptosis. *J Thorac Cardiovasc Surg* 114:609–618

47. Suzer T, Coskun E, Islekel H, Tahta K (1999) Neuroprotective effect of magnesium on lipid peroxidation and axonal function after experimental spinal cord injury. *Spinal Cord* 37:480–484
48. Fujimoto T, Nakamura T, Ikeda T, Takagi K (2000) Potent protective effects of melatonin on experimental spinal cord injury. *Spine* 25:769–775
49. Sumathi R, Jayanthi S, Kalpanadevi V, Varalakshmi P (1993) Effect of DL α -lipoic acid on tissue lipid peroxidation and antioxidant systems in normal and glycollate treated rats. *Pharmacol Res* 27:309–318
50. Banik NL, Shields DC, Ray S, Davis B, Matzelle D, Wilford G, Hogan EL (1998) Role of calpain in spinal cord injury: effects of calpain and free radical inhibitors. *Ann N Y Acad Sci* 844:131–137
51. Akpek EA, Bulutcu E, Alanay A, Korkusuz P, Acaroglu E, Kilinc K, Ors U (1999) A study of adenosine treatment in experimental acute spinal cord injury. Effect on arachidonic acid metabolites. *Spine* 24:128–132
52. Arias MJ (1987) Treatment of experimental spinal cord injury with TRH, naloxone, and dexamethasone. *Surg Neurol* 28:335–338
53. Faden AI, Jacobs TP, Smith MT, Holaday JW (1983) Comparison of thyrotropin-releasing hormone (TRH), naloxone, and dexamethasone treatments in experimental spinal cord injury. *Neurology* 33:673–678
54. Faden AI, Sacksen I, Noble LJ (1988) Opiate-receptor antagonist nalmefene improves neurological recovery after traumatic spinal cord injury in rats through a central mechanism. *J Pharmacol Exp Ther* 245:742–748
55. Black P, Markowitz RS, Finkelstein SD, McMonagle-Strucko K, Gillespie JA (1988) Experimental spinal cord injury: effect of a calcium channel antagonist (nicardipine). *Neurosurgery* 22:61–66
56. Gelbfish JS, Phillips T, Roe DM, Wait R, Cunningham JN Jr (1986) Acute spinal cord ischemia: prevention of paraplegia with verapamil. *Circulation* 74:15–10
57. Ross IB, Tator CH, Theriault E (1993) Effect of nimodipine or methylprednisolone on recovery from acute experimental spinal cord injury in rats. *Surg Neurol* 40:461–470
58. Kobrine AI, Doyle TF, Martins AN (1975) Local spinal cord blood flow in experimental traumatic myelopathy. *J Neurosurg* 42:144–149
59. Popik P, Lewin A, Berrang B, Nowak G, Layer R, Skolnick P (1995) [3H]1-aminocyclopropanecarboxylic acid, a novel probe for strychnine-insensitive glycine receptors. *Eur J Pharmacol* 291:221–227
60. Wlaz P, Ebert U, Loscher W (1999) Anticonvulsant effects of eliprodil alone or combined with the glycine B receptor antagonist L-701,324 or the competitive NMDA antagonist CGP 40116 in the amygdala kindling model in rats. *Neuropharmacology* 38:243–251
61. Campbell CM, Butelman ER, Woods JH (1999) Effects of (+)-HA-966, CGS-19755, phencyclidine, and dizocilpine on repeated acquisition of response chains in pigeons: systemic manipulation of central glycine sites. *J Pharmacol Exp Ther* 289:521–527
62. Faden AI, Ellison JA, Noble LJ (1990) Effects of competitive and non-competitive NMDA receptor antagonists in spinal cord injury. *Eur J Pharmacol* 175:165–174
63. Yum SW, Faden AI (1990) Comparison of the neuroprotective effects of the N-methyl D-aspartate antagonist MK-801 and the opiate-receptor antagonist nalmefene in experimental spinal cord ischemia. *Arch Neurol* 47:277–281
64. Yanase M, Sakou T, Fukuda T (1995) Role of N-methyl D-aspartate receptor in acute spinal cord injury. *J Neurosurg* 83:884888
65. Choi DW, Peters S, Viseskul V (1987) Dextrorphan and levorphanol selectively block N-methyl-D-aspartate receptor-mediated neurotoxicity on cortical neurons. *J Pharmacol Exp Ther* 242:713–719
66. Church J, Lodge D, Berry SC (1985) Differential effects of dextrorphan and levorphanol on the excitation of rat spinal neurons by amino acids. *Eur J Pharmacol* 111:185–190
67. Tortella FC, Musacchio JM (1986) Dextromethorphan and carbapentane: centrally acting non-opioid antitussive agents with novel anticonvulsant properties. *Brain Res* 383:314–318
68. Fossati A, Vimercati MG, Caputo R, Citerio L, Ceriani R, Valenti M (1993) Comparative pharmacokinetics of oral dextromethorphan and dextrorphan in the rabbit. *Drug Res* 43:1337–1340
69. Steinberg GK, George CP, DeLaPaz R, Shibata DK, Gross T (1988) Dextromethorphan protects against cerebral injury following transient focal ischemia in rabbits. *Stroke* 19:1112–1118
70. Carpenter CL, Marks SS, Watson DL, Greenberg DA (1988) Dextromethorphan and dextrorphan as calcium channel antagonists. *Brain Res* 439:372–375
71. George CP, Goldberg MP, Choi DW, Steinberg GK (1988) Dextromethorphan reduces neocortical ischemic neuronal damage in vivo. *Brain Res* 440:375–379
72. Holtzman SG (1982) Phencyclidine-like discriminative stimulus properties of opioids in the squirrel monkey. *Psychopharmacology* 77:295–300
73. Finnegan KT, Kerr JT, Langston JW (1991) Dextromethorphan protects against the neurotoxic effects of p-chloroamphetamine in rats. *Brain Res* 558:109–111
74. Hall ED (1992) The neuroprotective pharmacology of methylprednisolone. Review article. *J Neurosurg* 76:13–22
75. Kiwerski JE (1993) Application of dexamethasone in the treatment of acute spinal cord injury. *Injury* 24:457–460
76. Braughler JM, Hall ED, Means ED, Waters TR, Anderson DK (1987) Evaluation of an intensive methylprednisolone sodium succinate dosing regimen in experimental spinal cord injury. *J Neurosurg* 67:102–105
77. Braughler JM, Pregenzer JF (1989) The 21-aminosteroid inhibitors of lipid peroxidation: reactions with lipid peroxyl and phenoxy radicals. *Free Radic Biol Med* 7:125–130
78. Hall ED, Wolf DL, Braughler JM (1984) Effects of a single large dose of methylprednisolone sodium succinate on experimental posttraumatic spinal cord ischemia: dose-response and time-action analysis. *J Neurosurg* 61:124–130
79. Iwai A, Monafó WW, Eliasson SG (1993) Methylprednisolone treatment of experimental spinal cord injury. *Paraplegia* 31:417–429
80. Young W, Flamm ES (1982) Effect of high-dose corticosteroid therapy on blood flow, evoked potentials, and extracellular calcium in experimental spinal cord injury. *J Neurosurg* 57:667–673
81. Bracken MB, Shepard MJ, Collins WF, Holford TR, Young W, Baskin DS, Eisenberg HM, Flamm E, Leo-Summers L, Maroon J, Marshall LF, Perot PL, Piepmeyer J, Sonntag VKH, Wagner FC, Willberger JE, Winn HR (1990) A randomized, controlled trial of methylprednisolone or naloxone in the treatment of acute spinal-cord injury. *New Engl J Med* 322:1405–1411
82. Braughler JM, Hall ED (1982) Correlation of methylprednisolone levels in cat spinal cord with its effects on (Na⁺+K⁺) ATPase, lipid peroxidation, and alpha motor function. *J Neurosurg* 56:838–844
83. Liu D, McAdoo DJ (1993) Methylprednisolone reduces excitatory amino release following experimental spinal cord injury. *Brain Res* 609:293–297
84. Hall ED, Braughler JM (1982) Effects of intravenous methylprednisolone on spinal cord lipid peroxidation and (Na⁺+K⁺) ATPase activity. Dose-response analysis during 1st hour after contusion injury in the cat. *J Neurosurg* 57:247–253
85. Constantini S, Young W (1994) The effects of methylprednisolone and the ganglioside GM1 on acute spinal cord injury in rats. *J Neurosurg* 80:97–111
86. Kuniyama T, Sasaki S, Shiiya N, Ishikura H, Kawarada Y, Matsukawa A, Yasuda K (2000) Lazaroid reduces production of IL-8 and IL-1 receptor antagonist in ischemic spinal cord injury. *Ann Thorac Surg* 69:792–798
87. Du C, Hu R, Csernansky CA, Liu XZ, Hsu CY, Choi DW (1996) Additive neuroprotective effects of dextrorphan and cycloheximide in rats subjected to transient focal cerebral ischemia. *Brain Res* 718:233–236

88. Wu D, Otton SV, Kalow W, Sellers EM (1995) Effects of route of administration on dextromethorphan pharmacokinetics and behavioral response in the rat. *J Pharmacol Exp Ther* 274: 1431–1437
89. Allen AR (1911) Surgery of experimental lesion of spinal cord equivalent to crush injury of fracture dislocation of spinal column. *JAMA* 57:878–880
90. Jellinger K (1976) Neuropathology of cord injuries. In: Vinken PJ, Bruyn GW (eds) *Handbook of clinical neurology*. Elsevier, New York, p 43
91. Rubinstein A, Arbit E (1990) Spinal cord blood flow in the rat under normal physiological conditions. *Neurosurgery* 27:882–885
92. Mizuno Y, Ohta K (1986) Regional distributions of thiobarbituric acid-reactive products, activities of enzymes regulating the metabolism of oxygen free radicals, and some of the related enzymes in adult and aged rat brains. *J Neurochem* 46:1344–1352
93. Halifeoglu I, Canatan H, Ustundag B, Ilhan N, Inanc F (2000) Effect of thinner inhalation on lipid peroxidation and some antioxidant enzymes of people working with paint thinner. *Cell Biochem Funct* 18:263–267
94. Karagezian KG, Karapetian ET, Safarian MD (1989) Dynamics of changes in lipid peroxidation and activity of superoxide dismutase in erythrocytes of patients with tuberculosis. *Vopr Med Khim* 35:11–12
95. Wendel A (1980) Glutathione peroxidase. In: Jakoby WB, Bend JR, Caldwell J (eds) *Enzymatic basis of detoxification*. Academic Press, New York, pp 333–348
96. Gorgulu A, Kiris T, Unal F, Turkoglu U, Kucuk M, Cobanoglu S (2000) Superoxide dismutase activity and the effects of NBQX and CPP on lipid peroxidation in experimental spinal cord injury. *Res Exp Med* 199:285–293
97. Rangan U, Bulkley GB (1993) Prospects for treatment of free radical mediated tissue injury. In: Cheeseman KH, Slater TF (eds) *Free radicals in medicine*. British Medical Bulletin, London, pp 700–717
98. Marklund SL (1984) Extracellular superoxide dismutase in human tissues and human cell lines. *J Clin Invest* 74:1398–1403
99. Oyanagui Y (1984) Reevaluation of assay methods and establishment of kit for superoxide dismutase activity. *Anal Biochem* 142:290–296
100. Halliwell B, Gutteridge JMC (1989) *Free radicals in biology and medicine*, 2nd edn. Oxford University Press, Oxford